

# Fairtrade Horsham

Newsletter Issue 5

Autumn 2007

## Fair Trade Christmas Market

6th December, 10.30am – 7pm  
Old Town Hall

Ethically Traded Toys, Toiletries, Jewellery,  
Accessories and much more!!

The Christmas market is your opportunity to buy an exciting range of Fairly Traded gifts not normally available in Horsham. So bring your friends and make yours an ethical Christmas this year!

Want to start shopping earlier? Then visit The Craft fair at St John's Roman Catholic Church Hall, Springfield Road on:  
Friday November 2nd 10:30am - 5pm.

## What's new locally?

### Got a taste for Fairtrade wines?

You can get these in Sainsburys, Tesco's, Marks and Spencers, Threshers, Co op... They tend to be produced by small growers in inaccessible areas who would have difficulty selling their wines over here without Fairtrade. They come from South America or South Africa – try some! There are wines for every taste out there.

### Are you wearing Fairtrade?

Fairtrade clothes are becoming increasingly available – look out for them in Marks & Spencers and Top Shop – and let us know when you find them elsewhere as the range grows. . A great

range of fair trade jewellery is also available from Oxfam in the Carfax.

### Do you love Fairtrade Ice cream?

Ben & Jerrys do some lovely Fairtrade icecreams available in local supermarkets and increasingly supermarkets have their own brands Fairtrade icecreams.

The range of Fairtrade goods available increases so fast we can't keep up - though it's fun trying! Each time you see something new with the Fairtrade logo on it in your favourite shop buy it and try it! – you may change for good.

## Have you seen the Black Gold film yet?



This documentary on the Coffee industry was showing at the Capitol for a week in June. It gave an excellent picture of the problems with the international coffee trade and why a fairer deal is needed for growers.

It comes out on DVD in October – why don't you rent it or buy it if you missed it first time round? Everyone we know who saw it found it thought provoking.

For more details go to the website:  
[www.blackgoldmovie.com](http://www.blackgoldmovie.com)



## Fairtrade ensures that she gets a Fair price for her tea



When you buy goods with the internationally accredited Fairtrade logo on them you can be sure that:

- Producers have met the required minimum social, economic and environmental requirements and that a process of continual improvement is being undertaken.
- The producer has been given the Fairtrade minimum price which covers the cost of sustainable production.
- In addition, the producer has received the Fairtrade premium to invest in social, environmental and economic development projects which are decided democratically by a committee of producers.

## Start Planning for Fairtrade Fortnight 2008

Feb 25<sup>th</sup> – March 9<sup>th</sup> 2008

Every year this is your chance to go for it with Fairtrade, so start planning now.

Could you:

- Encourage your workplace or school or other groups to switch

to Fairtrade coffee, tea and snacks?

- Plan to hold a Fairtrade wine tasting, or meal or coffee morning?
- Plan to run a discussion in your school or church, or anywhere else you can. *Resources to help you with this will be available on the Fairtrade Foundation website.*
- Get involved in helping Fairtrade Horsham?

*Details can be found on the Fairtrade Foundation website [www.fairtradefoundation.org.uk](http://www.fairtradefoundation.org.uk) or by phoning them T 020 7405 5942*

## Our Autumn Recipe

### Crumbly Banana Squares

175g Fairtrade sugar  
175g margarine  
225g self raising flour  
100g porridge oats  
2 medium Fairtrade bananas, mashed  
25g sultanas (or similar)  
Caster sugar

- Warm your oven to 200°C
- Cream the sugar and margarine together
- Cut in the flour and oats to make a crumbly mixture
- Sprinkle half into a baking tray (12 by 8 inch) and press down lightly
- Spread over the bananas and sprinkle the dried fruit
- Sprinkle the rest of the mixture over and again press down lightly. Bake it for 25 to 30 mins until golden
- Sprinkle with caster sugar
- Wait until it cools (if you can) and cut into appropriately-sized chunks
- Eat

[fairtradehorsham@hotmail.co.uk](mailto:fairtradehorsham@hotmail.co.uk)

Tel: G. Cooper 01403 261157